

Because the best choice is an informed choice!

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Celebrating 25 Years

Celebrating our 25th year in Nevada County has been exhilarating! All year we have had divine appointments with former clients, staff and volunteers who have shared amazing stories of how God worked in and through them while at LivingWell. One of the most moving stories was listening to Bruce Horne share how God moved in his heart, along with others, to birth this ministry. I thank God every day for the obedience of those who took a stand on behalf of the preborn and women facing unintended pregnancies.

I imagine 25 years ago our founders may not have envisioned the number of lives that would eventually be touched through the years. Nearly 100,000 lives were touched, over 20,000 free pregnancy tests were offered (about half were positive), over 8000 babies were born, and over 1700 of those babies were rescued from abortion. During the past seven years I have observed that many more lives were changed and saved than we were able to track. I have lost count of the number of gals with whom we lost contact before knowing the outcome of their pregnancy and who have subsequently dropped in

to thank or introduce us to their child. Recently a gal, I'll call her Carrie, popped into the center with her three year old daughter. She had an appointment at a neighboring business and realized she had never returned to tell us she chose life. Through tearful eyes Carrie shared she had left the clinic unsure what she would do about her unwanted pregnancy. Heading for an abortion she recalled looking at her baby's ultrasound photo and deciding she could not go through with her plans. Carrie asked her friend to turn the car around and go home. She said that her daughter is now the love of her life and she never for one minute regretted her decision. How many more are there just like Carrie? God knows and is rejoicing that our founders were obedient so that we were here to share His truth and love with each one of them.

As we move into a new season with added opportunities for ministry through STI (sexually transmitted infections) services we anticipate the Lord's hand reaching further into our community. I am excited more than ever about this new service. Now when we present to students in

schools we will be able to refer them directly to LivingWell offering them a new beginning when they reenter abstinence.



We are making progress with our abstinence message. Recent reports from the Center for Disease Control (CDC) show a 37% decrease in teen birth rates from 1991 to 2009. Along with a reduction in teen birth rates, there is encouraging news that there is also a reduction in abortion rates. Other studies are showing that abstinence-only messages are resulting in more teens choosing abstinence.

All this and so much more is made possible because of you. You have been faithful to pray, donate, volunteer and speak for the preborn. May our Lord Jesus bless you indeed and continue to increase your territory!

Cathy Seapy
Executive Director

Life of Boundless Possibilities



Since beginning volunteering at LivingWell in April I have shadowed experienced advocates in sessions with clients. It has been much more intense

and emotionally heavy than I first envisioned. Being faced with women (and men) deciding between life and death for their child is no easy task. The weight and responsibility one feels is incredible. But equally strong is the conviction that you're a voice for and a defender of those who cannot speak for themselves. Being a client advocate fulfills the Biblical call

to defend the oppressed, the marginalized and the innocent.

On a recent Thursday afternoon, a young couple came into LivingWell. They were 19 and 21 years old. The young girl thought she might be pregnant after a "slip-up" on a fertile day. The girl had gone to the local abortion provider searching for an emergency contraceptive but they were closed. She had come into LivingWell hoping to find something for a chemical abortion. She and her boyfriend had found us online assuming we were similar to the abortion provider. Of course, I knew this was no accident. It was a God thing. We discussed with both of them the sordid reality of abortion with physical and emotional ramifications. It was too early to take a pregnancy test but

rapport was built and the couple came back 10 days later to discover the test to be negative.

I saw through this experience how important client advocacy is. God brought this couple into a place where life is defended and welcomed. They came hoping for RU486 but were given the truth about life and the gospel instead. Being a client advocate is the difference between a potential life of boundless possibilities and an image of God destroyed. It is living the Christian life and glorifying the God of the living. What have you been called to do on behalf of the unborn?

Ryan Rindels
Client Advocate

Watch out...He Can't Wait to Bless Us!



I have been profoundly impacted in the year and a half that I have been serving at LivingWell. After 2 years of the Lord tugging at my heart, I showed up to volunteer as a counselor. In His infinite

wisdom He had other plans for me. I was asked if I would like to be trained as a nurse sonographer. As I said yes, I felt my faith being stretched in ways I had not imagined.

As I started doing ultrasounds, I found I was uniquely impacted by each girl. They all had a life story to tell. Many of them were facing an unplanned, crisis pregnancy and had a very difficult decision to make. Their life regardless of what they chose would never be the same. I was blessed, touched, and proud of the many that chose life under such a difficult set of circumstances. One girl in particular really blessed me.

Sarah was bright and had a promising future ahead of her. She had dreams of running her own small business. Suddenly her life was turned upside down by an unwanted pregnancy. Her friends and her step dad were all urging her to have an abortion. Her mom was urging her to choose life.

She was being tugged and pulled in many different directions. Her boyfriend of 4 years was not speaking to her. She felt like the waves were crashing in on her. When she came in for her ultrasound she admitted to me that she was undecided. She would not even allow her mom to come in the ultrasound room. Of course, respecting her wishes I began with the procedure. She was not only pregnant but was already 14 weeks along. Her baby was active with a strong heartbeat. The head, body, arms, and legs were clearly visible. As I saw Sarah look upon her baby a miracle happened before my very eyes! Her heart began to soften and she had a tear in her eye. She knew what she had to do. She knew that a business dream may have to wait. Right then and there Sarah made the tough decision and the right decision and chose life for her child. She looked up at me and said "OK you can let my mom come in." Her mom was so relieved and filled with joy! As I continued with the ultrasound another miracle happened: an extra blessing from God who was saying "well done" child for choosing this life that I created inside you. When I told them the due date of the baby she and her mom gave each other a meaningful glance. Then she looked up and said "That is my

Grandmother's birthday." God is so awesome! He was already blessing her obedience in choosing life. It was His sweet, loving affirmation to her. It was a precious moment and one I will not forget.

As I reflect back on that day I am reminded that God blesses us when we choose the right path, especially under the most difficult of circumstances. He blessed Sarah and will continue to do so. He has blessed me abundantly since I said yes to serve Him at LivingWell. I have the opportunity to see Him soften hearts before my very eyes! His blessings are not like the world gives but so much better. They are everlasting. What a gift from our great and awesome God! I would encourage all of us to stay obedient to God in our difficult circumstances and watch out...for He can't wait to bless us for our obedience.

Jill Wolff
Clinic Nurse Sonographer



...she made the tough decision, the right decision, and chose life ...

Eternal Statistics

- 3329 Lives Touched Through the Clinic & Thrift Store
- 3781 Lives Touched Through Community Education
- 927 Gospel Presentations
- 450 First-time Clinic Clients
- 173 Babies Born

Known Lives Rescued From Abortion

(fiscal year 7/2010 - 6/2011)

How Are We Doing?

Walk For Life Appreciation

LIVINGWELL THANKS THE FOLLOWING FOR SPONSORING OUR ANNUAL WALK FOR LIFE

- Air-Gas
- Ben Franklin
- Big 5 Sporting Goods
- Carl's Jr.
- Caroline's Coffee Roasters
- Crystal Dairy
- El Dorado Hotel-Reno
- 49er Fun Park
- Inn by the Lake - S. Lake Tahoe
- Jamba Juice
- Lamppost Pizza
- Larry & Lena's Pizza-Penn Valley
- Maria's Restaurant
- Paulette's Country Kitchen
- Port of Subs
- Raley's
- Round Table Pizza
- Safeway
- San Francisco Giants
- Sierra Cinemas, Inc.
- SPD Market
- Taco Bell
- Tofanelli's Restaurant
- Weiss Brothers Nursery



Five generations

Still Serving With Joy

Presenting to a client a blanket, hat and booties she knitted is Beverly Forner (right). She blesses clients continuously with memorable gifts. Beverly stopped in just when this family with five generations present received the news that the newest member is healthy and happy (shown in the ultrasound photo). What gift or talent do you have to bless those that choose life?



Beverly Forner & Sara

Fall Gala ~ September 29, 2011 ~ Guest Speaker, Cal Thomas



Cal Thomas

In one short month, we are hosting the annual LivingWell Fall Fund Raising Gala on Thursday, September 29, 2011. You and your guests will experience the most motivating, life-affirming event of the year!

Cal Thomas, nationally syndicated columnist, will be our special guest speaker along with many other wonderful surprises throughout the evening. With a twice-weekly column appearing in over 500 newspapers nationwide, Mr. Thomas is one of the most widely read and one of the most highly regarded voices on the American political scene. He is a panelist on the popular "Fox News Watch" show, writes a twice-monthly column for USA Today, gives a daily radio commentary heard on

more than 300 stations, and is co-author of *Common Ground: How to Stop the Partisan War That is Destroying America*. He is a frequent speaker for the pro-life cause at pregnancy centers across the nation, and we are honored to have him as our presenter.

The gala theme, "Setting Captives Free," is taken from Jeremiah 29:10-14, and speaks directly to our three-fold mission of prevention, intervention, and restoration.

Our youth have been captive to the sexual perversion that is prevalent in society. We are excited to see more of our teens making a commitment to purity. Pray for and encourage the young people with whom you come in contact as they are bombarded daily with messages of lust, sexuality, safe-sex, abortion, etc.

For those experiencing an unplanned pregnancy, many are captive to the lies that abortion is their first, only & best choice. However, through the counseling process, Living-

Well dispels these lies and provides alternatives to abortion. Join us in prayer that one day Roe vs. Wade will be overturned and abortion will no longer be legal in the U.S.

Finally, the post-abortive woman is captive to fear, guilt, & shame. Healing is possible because Jesus came to set the captives free.

The gala is an opportunity to introduce new people to the ministry of life for the pre-born. For more information about hosting a table for you and your guests, contact elizabeth@livingwellgv.org or call 272.6800.

Elizabeth White
Development Director



Nearly Duped by the Society He Trusted



I was sitting in the back corner of a freshman health class trying to ignore the confused glances of other students looking my direction as I once again became a pupil listening to the California

mandated comprehensive sex education, but this time from a very different perspective. I was there shadowing Ashley, LivingWell's Community Education Director, as she delivered the truth about the severe consequences of sex before marriage to these teens. I was there to learn the material that she was presenting, so I could soon be giving the presentation myself.

This class of students was one of the more dynamic and vocal I had yet seen Ashley present to, and there was one individual in particular who caught my attention. He was a cocky, outspoken young man who was fueled by the attention of his peers, and clearly a leader and instigator of many outbursts of laughter, and peer chatter. However, what I found to be the most profound about him was how he saw his own sexuality. He was a champion of what society says about sex. He came into that classroom

confident, yet naively convinced by the society that he lives in that he is a teen boy whose popularity and manliness is directly proportionate to how many girls he can convince to sleep with him. He was convinced that a simple condom can solve the risks associated with sex. Many of the people in authority over him had given up on the idea that if given all the information he might actually choose for himself not to have sex. They had resigned themselves to the idea that teens are so full of hormones and negative influences that there is no hope for them choosing sexual self-control (abstinence), and as such just want to help prevent pregnancy and limit STD transmission. They have settled for an ambulance in the valley rather than a fence at the top of the cliff.

I sat observing Ashley as she brought the truth; she explained why the people who love these students are telling them to wait, and why so many others are saying, "It's all good and natural so go for it, just be 'safe.'" Those saying "just be safe" are the companies that profit from their sexual desires i.e. abortion companies, pharmaceuticals, porn industry, media... I listened to Ashley and wondered to myself how can this information really be making a difference? I thought "How could this one little hour of a teacher talking to them really change so many, many hours of negative social influence." I won-

dered how I could possibly endure discomfort, awkwardness, and the social stigma of being a sex ed teacher to deliver the same presentation time and again to so many youth who hear differently every time they turn on the TV or listen to their music. I sat there feeling somewhat hopeless as I watched and listened to that young man who so clearly exemplified the socially-accepted standard of a developing young man, and as I watched I began to see the miracle of truth given in love as it began to change the heart and mind of that student. The light began to shine on his understanding as he realized he had nearly been duped by the society he trusted. He began to see that those who love him were telling him words of life, not just restriction; not trying to keep him from having fun, but rather desiring for him to live a life well, healthy and happy for the long run. I saw this change as clearly as the sun rising in the morning, and thought, if there is one student like this in the class then any effort is more than worth it.

I want to encourage you to speak out and share the truth in love to those you care about, because you can never really know who will be affected. No matter how hopeless the situation may be, love never fails.

Josiah Georgeson
Community Education

No Envelopes, Stamps - and I'm Saving Lives Every Month

We love supporting LivingWell Medical Clinic because we know it is the one ministry where we know our gifts both save the lives of children - and change the spiritual lives of parents every day. That's quite a combination.

To make our support more consistent - and easier - we've chosen electronic funds transfer. We decided *when* to make our gift, and LivingWell Medical Clinic did the rest. Each month, our gift goes from our bank account to LivingWell - and we are saving lives. No more envelopes, no more stamps - and we know we're creating a culture of life here in Nevada County.

For more information on electronic giving, go to www.livingwellgv.org/content/donate or call 530-272-6800.



Life Chain ~ October 2, 2011

What is LIFE CHAIN?

Annually, on the first Sunday in October, LIFE CHAIN invites the Christian churches in each city and town across North America to stand on a designated local sidewalk and pray for 90 minutes, while holding an approved pro-life sign displaying a message of truth shared in love. It is not a demonstration, but LIFE CHAIN is a time for prayerful self-analysis, repentance, and serious commitment to helping end abortion in our nation.

LIFE CHAIN'S first goal is to minister to its own participants - to those who call Christ their Lord and hold pro-life messages that declare abortion a grave evil that defames the name and holiness of God (Leviticus 18:21). Indeed the Church that Christ founded has drifted into cold indifference toward the sacredness of human life, and the result has been the mindless surgical killing and mutilation of over 45 million preborn Americans, plus untold millions who have fallen victim to abortive chemicals and medical neglect. Will you join us? Contact Cathy for details at 272.6800 or cathy@livingwellgv.org.

**Sunday,
October 2, 2011
2:00-3:30 pm
Kmart parking
lot, Grass Valley**

You Are Making a Difference

When you...

Pray for the women and men who come to LivingWell that they will see the value of life for their preborn baby

Participate with us in the 40 Days for Life as we peacefully pray outside the local women's health clinic

Volunteer your time as an advocate

Vote for pro-life representation, legislators, and pray for pro-life judges

Share at your local workplace, school campus, or at home with your own children

Speak with others that you value life

Encourage those who are facing an unplanned pregnancy

Educate yourself on what is happening in the pro-life movement

Give financially so that more women & men in Nevada County will be reached

Offer Grace to those who have gone through an abortion experience so that they might begin to heal



How To Reach Us

Phone: (530) 272.6800

113 Presley Way, Suite 4
Grass Valley, CA 95945

Email: info@livingwellgv.org

Partner site: livingwellgv.org
Client site: pregnancyhelptoday.com

24-Hour Hotline
(800) 395.HELP



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Life Line is a publication of the LivingWell Medical Clinic, a Christ-centered ministry dedicated to upholding the sanctity of human life by providing compassionate and tangible services to youth, young adults and their families.

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